



CommonGround Welcomes

DR. AUGUST LEMING

“The Power of Positive Attention”

Thursday, February 2nd

7:30 p.m.

at The Pennington School

Dr. Leming will discuss the techniques and benefits of teaching our children to achieve and maintain focus in a world of distractions.

This lecture is free and open to the public.

Dr. Leming is president and founder of the SOURCE Institute for Human Performance.

DR. AUGUST LEMING

President, the SOURCE Institute

The Power of Positive Attention

What our children pay attention to becomes a part of them and their lives. Today's fast-paced world constantly threatens their positive attention, attempting to redirect it to objects, experiences and thoughts that do not serve them well. Dr. Leming will share techniques for harnessing a "here and now" experience, fostering healing, growth, and personal success with children and adults.

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112 West Delaware Ave, Pennington, NJ



For more information about the SOURCE Institute for Human Performance, visit www.sourcenj.com or call (609)925-1159.